



Today's Topic:

Our Bread

Matthew 6:11; Exodus 16:1-5

February 1, 2026

1. _____ **Enough**

"Give us today our daily bread." Matthew 6:11 (NIV, 2011)

2. _____ **Enough**

"In the desert the whole community grumbled against Moses and Aaron. The Israelites said to them, 'If only we had died by the LORD's hand in Egypt! There we sat around pots of meat and ate all the food we wanted, but you have brought us out into this desert to starve this entire assembly to death.'" Exodus 16:2-3 (NIV, 2011)

3. _____ **Enough**

"The Israelites did as they were told; some gathered much, some little. And when they measured it by the omer, the one who gathered much did not have too much, and the one who gathered little did not have too little. Everyone had gathered just as much as they needed. Then Moses said to them, 'No one is to keep any of it until morning.' However, some of them paid no attention to Moses; they kept part of it until morning, but it was full of maggots and began to smell. So Moses was angry with them." Exodus 16:17-20 (NIV, 2011)

4. _____ **Enough**

"Eat it today," Moses said, "because today is a sabbath to the LORD. You will not find any of it on the ground today. Six days you are to gather it, but on the seventh day, the Sabbath, there will not be any." Exodus 16:25-26 (NIV, 2011)

The Point

Next Steps:
